



Job Shadow / Internship

Grade Level: Foundational Lesson Plan Timeframe: 1-2 days Topic: Careers
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Overview & Purpose Students will identify an individual who is working in a career they are interested in pursuing. They will set-up a time to job shadow the individual and conduct an interview with the individual.	FCCLA National Program(s) Career Connections STAR Events
Idaho Standards AL 2.5, 2.7 CPD 5.0, 6.0 L 1.0 HS 5.1, 5.2 EA 2.1, 2.2 National FACS Standards 1.0 2.0	Programs of study All FCS courses

Lesson Plan Goals & Objectives (Specify skills/information that will be learned.)	Students will gain an understanding of the tasks involved in a selected career. Students will explore career choices through a job shadow.
Materials Needed	<ul style="list-style-type: none"> • Paper • Pencil • Phone with phone book
Introduction of Subject Anticipatory set (Give and/or demonstrate necessary information)	Ask students what they want to be when they grow up. Discuss answers

Activity 1 (Describe the independent activity to reinforce this lesson)	Have students brain storm a list of careers that they are interested in. For each career, have them list businesses/ places where they could find someone in the career. Have students identify one career and business to job shadow. Have students fill out the preliminary survey . Have students take home the emergency medical form and parent permission form .
Activity 2 (Describe the independent activity to reinforce this lesson)	Designate a day for students to complete their job shadow and have students call the approved job shadow location to set up the job shadow.
Activity 3 (Describe the independent activity to reinforce this lesson)	Review/ discuss work place etiquette with students. Review Student assignments while on job shadow.
Assessment	Student presentation on career and job shadow experience.
Summary/Evaluation (Assign Homework, or Reflect on the Outcomes)	Student discussion on what they learned from their job shadow
Other Resources	(e.g. Web, books, etc.)
Additional Notes	You can either have them set up their own job shadow at pre-approved sites or you can set them all up for them. Please note that it is easiest if all job shadows are set up on the same day.
Source (If Applicable : cite any published or copyrighted materials used in this lesson plan)	

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